Beyond Age
Changing the Conversation on Ageing

STAND UP SPEAK OUT
AUSTRALIAN ELDER ABUSE CONFERENCE

COTA VICTORIA

Seniors Rights VICTORIA

Aims and Objectives

Reframe the experience of ageing and what it means

Reduce ageist attitudes

Identify ageism as the main driver of elder abuse

People over 60 years old and for ATSI over 45 years old

To provide a safe space to discuss ageing

Host Organisations

Seniors Rights Victoria

Manningham Council

Golden Plains Shire

Darebin Council

Banyule Council

Nillumbik Council

Whitehorse Council

Whittlesea Council

Wyndham Council

The Workshop

Recruitment of participants

Format

Setting

Discussion:

- One thing you did between 30 and 50 years of age?
- What is challenging about being the age you are now?
- What do you like about being the age you are now?
- What would you tell your younger self now about getting older?

Photo shoot

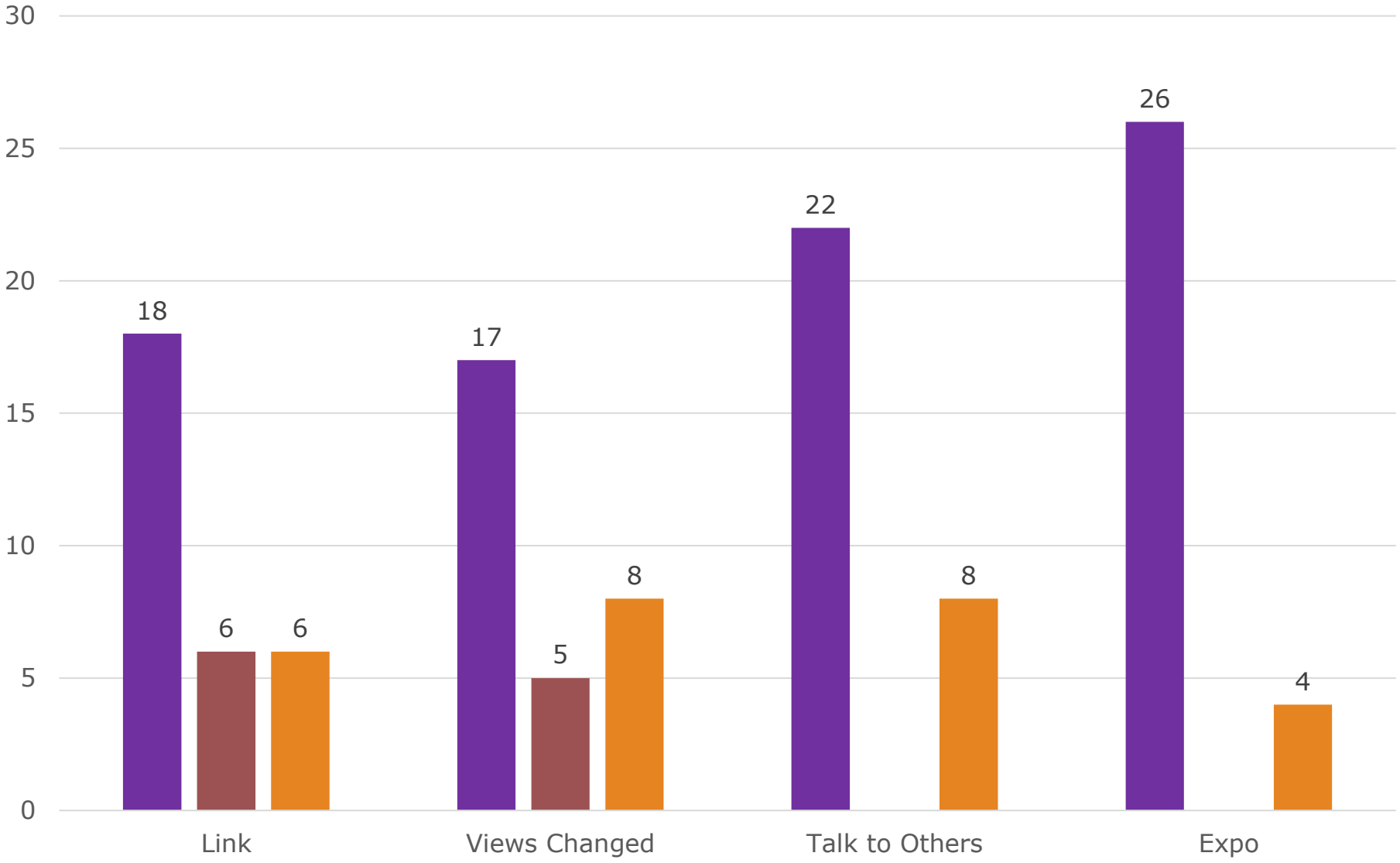
Feedback Survey : Total Number = 30

Age				
50-59	60-69	70-79	80-89	90 +
	12	17		1

Culture	
CALD	29
Australian	1

Finding Out	
Council Staff	23
Council Website	1
Other	6

Feedback Survey : Total Number = 30



Nillumbik Council

Beyond Age: Changing the conversation about ageing

Jacqueline

Message to my younger self:

"Trust yourself more and move forward with confidence in who you are and what you can do."

City of Whittlesea | Whittlesea 2040 A place for all

Seniors Rights Victoria | COTA Victoria

Conclusion - Questions

Yarra Valley Plenty Regional Library
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Arts & Culture Coordinator
Carolyn Jury
Seniors & Volunteers Coordinator